



**Information for
Pastors and Church
Leaders**

Post Abortion Recovery

September 2021

Did you know?

- Legal, reported abortion rates vary throughout Europe from 1 in every 1,000 women in Poland to 19.7 in every 1,000 women in Sweden. It is likely that many more undocumented abortions are taking place.
- The estimated number of abortions each year in Austria is at least 35,000.
- Abortion can affect women, men, couples, siblings, and others in relationship with or related to someone who had an abortion.
- Post Abortion symptoms include feelings of guilt, disgust, condemnation, fear, restlessness, emotional numbness, nightmares, depression, disproportionate reactions when seeing babies or pregnant women, alcohol or drug abuse, and more.
- SaveOne has people in locations around the world who have helped thousands to recover after an abortion, who then go on to tell others the devastating effects of abortion.

35,000 ABORTIONS in Austria EACH YEAR

Resources: <https://abort-report.eu/europe/>



The Role of SaveOne Europe

SaveOne is a lifesaving and life-changing ministry. We are dedicated to helping men, women, and loved ones recover spiritually, mentally, and emotionally after the choice of abortion. Our mission is to reach these women and men who suffer in silence, following an abortion.

We offer a 12-week program, built on Biblical principles, that walks men and women through a journey of healing and restoration from the trauma of abortion. We have specific curricula for women, men, couples, and siblings (in many different languages), and we offer training for those who desire to lead these groups. We, of course, also offer courses directly ourselves for small groups, individuals, and couples.

Through these courses, we are seeing the culture of abortion change. Testimonies of people who have experienced the true pain of abortion as well as the healing power of God are together a powerful tool! This goes directly against what society has told us to believe.

We are watching abortion end around us by simply applying God's word to these wounds.

Post Abortion work and the heart of God

Psalm 34:18 "The LORD is close to the brokenhearted and saves those who are crushed in spirit."

Our God is gracious, compassionate, and abounding in love. It is his pleasure and specialty to bring healing and restoration to people and places that are broken. While we do believe that God's heart is for parents to choose life for their children, we also believe He longs for restoration for those who already made the choice for abortion. There is no sin that is so great that it stretches beyond his forgiveness. That is the power of the cross.

While abortion may be "taboo" for people to talk about, it isn't for God! He invites us to participate with him in revealing his heart to the world.

Hope for women, men and families after an abortion

Our mission is to reach women and men who suffer in silence following an abortion.



How can you help those in your church who have had an abortion?

Abortion and abortion recovery are still issues that many find very shameful and therefore are reluctant to address them. However, with at least around 35,000 pregnancy terminations each year in Austria alone, there are many affected people in our fellowships and families. Many see this as a women's issue, but a father is also involved in every one of these pregnancies. At times families can be left grieving or fragmented following the choice of an abortion.

These statistics do not stop at the church door. The hurting men, women, and family members inside our churches are just as prevalent inside our doors, as outside them. The local church should be the first place people turn to for help, not the last. When SaveOne is offered at churches, pastors find they have a tool to deal with the abortion trauma, using love and acceptance to replace the judgment and condemnation so often experienced.

"Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go." Joshua 1:9

Courage is a funny thing. To be courageous implies that we are doing something that many others fear to do. That is what makes it courageous. Taking a stand on abortion, talking about it openly in church, and choosing to provide pregnancy crisis and post-abortion recovery resources takes courage. We don't deny that. But courage can bring movement, change, and the real heart of God tangibly into the world.

POST ABORTION RECOVERY

Courage involves choice, but it also involves trusting in our perfect and good God who fills us with his courage and calls us “Mighty Warriors,” as he did Gideon (Judges 6:12) – even before we do a thing.

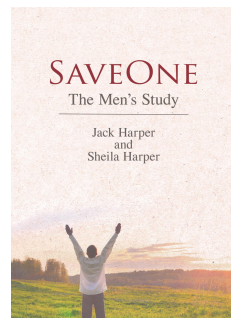
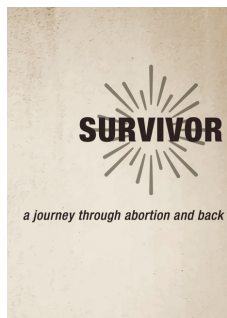
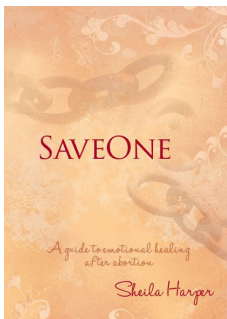
We believe that it is time for the church to take this subject back and deal with this matter in house. It is very likely that there are women and men in your church who have been affected by abortion. You can help those in your congregation, in a confidential setting, find the hope and healing they need, without involving politics, condemnation or controversy.

You can deal with abortion tangibly by extending a loving hand to those who have made this choice. We believe that we can see our community change because the church becomes a healing place through ministering on tough subjects.



Some ways you can support

- Get informed about the reality of abortion in your country.
- Hold firmly to God's value for life but also his desire to forgive and set people free who have made mistakes.
- Do not shame those who have had an abortion.
- Talk about abortion from the platform.
- If someone shares with you personally or you hear about someone who has had an abortion, do not respond with condemnation but offer help.
- Recommend they read Sheila Harper's book *Survivor – A Journey Through Abortion and Back*, which is her own personal story of having and healing from an abortion. In fact, read it yourself for some insight into the struggles someone can encounter who has had an abortion.
- Recommend the individual contact SaveOne Europe (or a local SaveOne Leader), a similar organization, or a counsellor to get the healing and freedom they need.
- Remind them of the truth that no matter what we have done, God can forgive us and wash us clean from all sin.
- Once someone has found healing, allow them the opportunity to share their story if they want to.



Ways to partner with SaveOne Europe

There are various ways we can help you share about the SaveOne Europe ministry with those in your church. Here are some ideas. Let us know what works best for you!

Share about SaveOne Europe in Your Church

- Allow us to come and share for 5-10 minutes in your service about Post Abortion Recovery.
- Play a video message from us greeting your church and describing the ministry work.
- Provide us a table to display our materials and talk with your congregation before and after your service.
- Add us into your announcements with a verbal announcement or a slide.
- Put our flyers out with others that you display.
- Add us to any relevant resource lists.
- Put a link to our website on your website.

Encourage volunteering as SaveOne Course Leader

- Refer those who have it on their heart to become SaveOne course leaders to contact us for training: office@saveoneeurope.org
- Advertise for our trainings by adding them into your announcements.

Refer people to us for assistance

- After people have gone through the course, give them opportunity to share their stories of healing and restoration.

Join our prayer support team

- Join our monthly prayer meetings in person.
- Email us for more information: office@saveoneeurope.org

POST ABORTION RECOVERY

Sign up to receive our newsletters

- E-mail your request to: office@saveoneeurope.org or
- Sign up via our website: www.saveoneeurope.org

Follow us on social media

- Facebook: www.facebook.com/SaveOneEurope
- Instagram: [saveoneeurope](https://www.instagram.com/saveoneeurope)



Statements from Course Participants

"The SaveOne course brought healing and restoration regarding my life in the shadow of two abortions which also affected all other areas of my life. I can live in the certainty not to feel guilty any longer. Above all, I can share my story with others affected by abortion so that they would also be encouraged to regain their lives after an abortion."

- **Katrin** (name changed)

"When I was twenty-six years old, six years after this mistake, I heard about SaveOne. They made an announcement for the start of the new class and it was open for men who had this in their past. Immediately I knew I should go . . . Now, through SaveOne I have found forgiveness, healing, and an inner peace that comes from knowing God still loves me."

- **Timothy**

"Although totally sceptical at the start, through SaveOne we found forgiveness for ourselves and each other, an end to depression and a new strength from knowing God for the first time. We have now been blessed with a new-born foster child too; so, we are three again."

- **Philip and Gemma**

"I was and am a person whose faith is very average, if that is even possible. The course helped me reconsider my image of God. No longer did I see God as the one who punishes, as I discovered multiple bible verses which speak of god's forgiveness and love. Through that and through the loving support of the SaveOne leader as well as through feeling safe and understood I was finally able to bring things to the surface and hand them to God."

- **Birgit**

"My abortion is no longer a secret. It is a mighty tool in the hands of a mighty God."

- **Jennifer**

*We are here to support you so please do not hesitate to call or email
with any questions or concerns .*

Contact Information

SaveOne Europe - Headquarters

Hungereckstrasse 60/3

1230 Vienna, Austria

Tel: +43 1 361 6668

Fax: +43 1 361 6668 9

Mobile: +43 660 144 5076

Email: office@saveoneeurope.org

Website: <https://www.saveoneeurope.org>

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